

Wicomico STI Taskforce: A Community Collaboration

Chavonda Carr, M.S., M.Ed., CHES
Community Health Educator
Wicomico County Health Department

Lessons Learned

- Evidence-based Teen Pregnancy Prevention Curricula
- Sexually Transmitted Infection & Drug Focus Groups

Accomplishments

- Adolescent Health Resource Cards
- Creation of new STI and Teen Pregnancy/ Adolescent Health webpages-www.wicomicohealth.org
- STI and Teen Pregnancy Posters with QR Codes
- Approval of Birth Control Video for 8th grade Health Education classes
- Health Education Professional Development Meetings
- STI Lunch and Learn
- STAHL Talk-STI Awareness Month

Adolescent Health Resource Card

TEEN HELP CARD



Be a leader, not a follower.
Make the call...it may change your life!



Public Health
Prevent. Promote. Protect.
Wicomico County
Health Department

Wicomico County Health Department
108 E. Main Street • Salisbury, MD 21801
www.wicomicohealth.org • (410) 749-1244



Revised 03/2014



Adolescent Health
(410) 219-7489
www.wicomicohealth.org

EMERGENCY NUMBERS

Police, Fire, Ambulance
911

Poison Control Center
1 (800) 222-1222

MD Youth Crisis Hotline
1 (800) 422-0009

**Facebook.com/
Help4MDYouth**
www.Help4MDYouth.org

Remember, there is always a helping hand!

EDUCATIONAL AND EMPLOYMENT SUPPORT

Telamon

(410) 546-4604
www.telamon.org

Shore-Up Job Program
(410) 749-1142

One Stop Job Market
(410) 341-6515
onestopjobmarket.org

HEALTH DEPARTMENT TEEN SERVICES

wicomicohealth.org

Addictions Treatment
(410) 742-3784

**Minority Youth
Outreach**
(410) 334-3497

Birth Control
(410) 543-6962

STI/HIV Testing
(410) 543-6943

Pregnancy Testing
(410) 543-6942



EMOTIONAL OUTREACH

Life Crisis Center
(410) 749-4357
lifecrisiscenter.org

Catholic Charities
(410) 651-9608
www.cdow.org

Wico. Behavioral Health
(410) 334-3497



DRUG AND ALCOHOL USE

**Wicomico Drug and
Alcohol Prevention**
(410) 334-3480

Alateen
(410) 742-2504
www.md-al-anon.org

PARENTAL AND FAMILY ASSISTANCE

Family Connection Center
(410) 546-8155

Maternal Child Health
(410) 543-6942

W.I.C.
(410) 749-2488

**Department of
Social Services**
(410) 713-3900

**Eastern Shore
Pregnancy Center**
(410) 546-5433

easternshorepregnancycenter.org

**Wicomico Family
Support Center**
(410) 860-9194

Planned Parenthood
(410) 860-4788
plannedparenthood.org

Village of Hope
(410) 860-5981
www.villageofhope.us

Food Bank
(410) 742-0050

Sexually Transmitted Infections Webpage

http://www.wicomicohealth.org/index.aspx?pageid=134

Wicomico County Health Department

24-Hour Emergency Hotline: (410) 543-6996
Notifiable/Reportable Conditions Line: (410) 543-6943
Telecommunications Device for the Deaf: (410) 543-6952

Sign In

108 E. Main Street
Salisbury, MD 21801
(410) 749-1244

Download Adobe Reader
view pdf documents

Having a health fair?
CLICK HERE.

HOME ABOUT US PROGRAMS & SERVICES RESOURCES CALENDAR CONTACT US JOB SEEKERS

SEXUALLY TRANSMITTED INFECTIONS

what's new

Wicomico County has a new STI Coalition to address STI concerns within our communities!

For more information contact:

Dr. James Cockey
james.cockey@maryland.gov
(410) 543-6930 ext. 14592

Public Health
Prevent. Promote. Protect.

Family Planning Clinic
William C. Fritz Health Center
300 West Carroll Street, Salisbury MD
(410) 543-6943

Get the Facts

- Bacterial Vaginosis
- Chlamydia
- Genital Herpes
- Pelvic Inflammatory Disease
- HIV/AIDS
- Syphilis
- Trichomoniasis
- Gonorrhea
- Human Papillomavirus
- Other STI's

STI Resources

STI FAQ'S

1 in 2 sexually active teens will contract an STI before the age of 25.

Most people with an STI have no symptoms.

CVT

STI and Teen Pregnancy Posters w/QR Codes

Sexually Transmitted Infections

Follow us on     or visit www.wicomicohealth.org.

DID YOU KNOW?

- 1 in 2 sexually active teens will contract an STI before age 25.
- About 3 million teens get an STI every year.



BACTERIAL

Bacterial STIs are caused by various bacteria.

Most are curable, such as:

- Syphilis
- Some Strains of Gonorrhea
- Chlamydia

VS



VIRAL

Viral STIs are caused by viruses. Most are not curable, but may be treatable:

- Human Papillomavirus
- Genital Herpes
- HIV/AIDS

Consequences of STIs are particularly severe for young women



Young people can protect themselves from STIs

GET TESTED

REDUCE RISK BEHAVIORS

GET VACCINATED AGAINST HPV



Wicomico County has the 4th highest rate of **CHLAMYDIA** and the 2nd highest rate of **GONORRHEA** in the state of Maryland.

CHLAMYDIA affects about 3 million people in the U.S. each year;
SYPHILLIS is curable, and is most contagious in its early stages;

HPV has a vaccine called Gardasil that protects against most of the cervical cancer and genital wart causing cases;

GENITAL HERPES currently has no cure but is treatable;
GONORRHEA is also called "the clap" and there is 1 strain that is not curable.

IF LEFT UNTREATED, STIs CAN LEAD TO MAJOR HEALTH PROBLEMS!

YOU CAN GET HIV FROM...

- Dirty needles (IV drug use or tattoo needles);
- Anal, oral, and vaginal sex;
- Breast milk;
- Semen, vaginal fluids, or any other bodily fluids containing access to the bloodstream;
- Mother to baby.

Get the Facts



Wicomico Health Family Planning
William C. Fritz Health Center
300 West Carroll Street, Salisbury MD 21801

Call (410) 543-6943 for a confidential appointment.



*Get Yourself Tested is a campaign of MTV and its supporting partners including: American College Health Association (ACHA), Kaiser Family Foundation, National Coalition of STD Directors (NCSO), Planned Parenthood Federation of America, and the Centers for Disease Control and Prevention (CDC).

Publication Date: September 2014

Teen Pregnancy Prevention and Adolescent Health

✓ Get Educated, ✓ Get Tested, and ✓ Make Responsible Choices.

Follow us on     or visit www.wicomicohealth.org.

DID YOU KNOW?

- Teen parenting is the #1 reason teen girls drop out of school;
- The top causes of unintended teen pregnancy are being under the influence and misuse of contraception;
- Nearly ¼ of teen moms become pregnant with their second child within 24 months;
- Daughters of teen moms are 3 times as likely to become a teen mom themselves;
- Sons of teen moms are twice as likely to end up in prison;
- Only 40% of teen mothers finish high school while the other 60% are forced to dropout to care for their children;
- Wicomico County ranks 9th in the state of Maryland for births to girls age 15 – 19.



TEENS, What can YOU do to prevent teen pregnancy?

- Practice **ABSTINENCE!** It is the only method that is 100% effective – 100% of the time!
- Say **"NO"** to sex!
- If you are sexually active, talk to your parent or guardian about getting on a method of birth control that will work for you!
- Talk to someone you trust about sex and its consequences. **GET EDUCATED!**
- Think about your goals, dreams, and focus on working towards them!
- Make good choices. Don't give in to pressure and avoid risky situations!

PARENTS, What can YOU do to help your teen?

- Encourage them to **WAIT** to have sex!
- Open the lines of communication;
- Share stories from personal experience;
- Encourage them to see a clinician to get on some sort of birth control;
- Explain the unintended consequences of sex such as pregnancy, STI's, their chances of getting HPV which can lead to cervical cancer, and their increased chance of being a single parent;
- Talk about their future plans!



Need help starting the conversation? Search "Teen Pregnancy" on wicomicohealth.org.



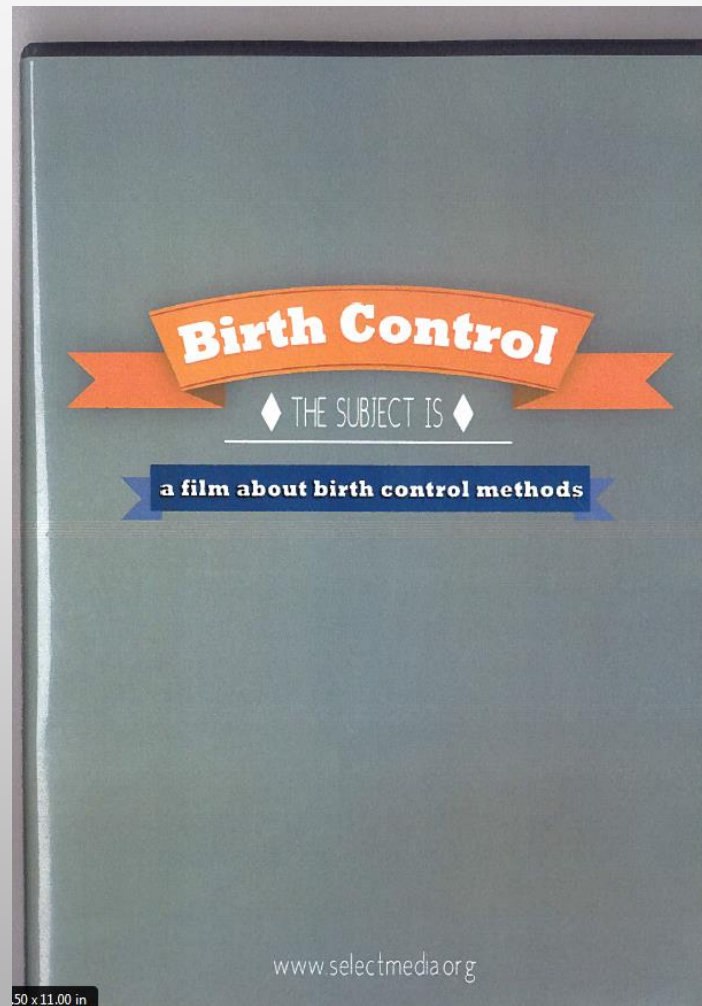
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Call (410) 543-6962 for a confidential appointment.



Publication Date: September 2014

Approval of Birth Control Video for 8th Grade



LUNCH AND LEARN



Presenters:

James Cockey, M.D.
Deputy Health Officer

Erica Alessandrini, MSN, CRNP
Salisbury University

Chavonda Carr, M.S., CHES
WiCHD Health Educator

Sexually Transmitted Infections: Our Own Local Epidemic

Thursday, Sept. 25, 2014

12:00 p.m. - 1:00 p.m.

Pinto Conference Room

108 E. Main Street, Salisbury

Bring your own lunch.

Please RSVP to 410.219.7481.



Public Health
Prevent, Promote, Protect.
Wicomico County
Health Department

S^{taff}.T^{alking}.A^{bout}.H^{ealthy}.L^{iving}. TALK

- Provided by Prevention and Health Communications -

APRIL 2015

Volume 7, Issue 7



LOOKING FOR A NEW PLANT FOR YOUR SPRING GARDEN?

Stevia is the safest zero calorie sweetener currently available.

Its one downfall is that it doesn't work well for baking. Be wary of some stevia-



related products on store shelves. Coke* and Pepsi* got the green light to use Truvia* (a sweetener made in part from stevia extract, along with a sugar alcohol), but some of the ingredients could be derived from genetically engineered crops.

You can grow your own stevia. It's an herb, so you can use the leaves as you would any other kitchen herb for sweetening drinks or cooking.

- www.organicgardening.com



Sexually Transmitted Diseases are not only an issue for young adults, but are an issue of the entire community.

Wicomico County has the 2nd highest Gonorrhea rate and the 4th highest rate for Chlamydia in the state of Maryland.

It is important to keep in mind that many STDs can go unnoticed because they can be accompanied by 'silent' symptoms. Get tested and know your status.

- www.wicomicohealth.org



www.autismspeaks.org

"A child with autism is not ignoring you, they are simply waiting for you to enter their world."

WHO WANTS TO BE A CENTENARIAN?

With global life expectancies typically less than 100 years, the term "Centenarian" is invariably associated with longevity. **Blue Zones** is a concept used to identify demographic and/or geographic areas where people live measurably longer lives.

The cornerstone of most centenarian diets is beans, with many eating meat only 5 times per month. For more research based facts on living longer, visit www.bluezones.com.



To Deborah Smith for completing 18 years of service.

